

CATCH Instructor Survey

Please respond to the following items related to the PHYSICAL ACTIVITY portion of the CATCH program.

1. Children who participate in CATCH are more active as a result of the program.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

2. Children enjoy CATCH physical activities.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

3. It takes too much of my time to implement CATCH physical activities.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

4. CATCH physical activities are easily adapted to fit in our current before/after school program.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

CATCH Instructor Survey

Please respond to the following items related to the PHYSICAL ACTIVITY portion of the CATCH program.

5. How often do you use games from the CATCH Physical Activity Box with the children?

- Never
- Once in a while
- Sometimes
- Most of the time
- Always

6. I found PREPARING for CATCH physical activities to be:

- Very Difficult
- Difficult
- Moderate
- Easy
- Very Easy

7. I found TEACHING CATCH physical activities to be:

- Very Difficult
- Difficult
- Moderate
- Easy
- Very Easy

8. I found the type/amount of CATCH physical activity equipment to be:

- Not Enough
- Just Right
- Too Much

If you answered "Not Enough" or "Too Much", please explain.

	5
	6

CATCH Instructor Survey

Please respond to the following items related to the PHYSICAL ACTIVITY portion of the CATCH program.

9. I would recommend the CATCH physical activity program to other before/after school programs.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

10. In your opinion, what aspects of the CATCH physical activity program are working especially well in your setting?

11. In your opinion, how could the CATCH physical activity program be improved in your setting?

Please respond to the following items related to the NUTRITION portion of the CATCH program.

12. Children who participate in CATCH have better eating habits as a result of the program.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

CATCH Instructor Survey

13. Children enjoy the health snacks made using the CATCH nutrition program guidelines.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

14. It takes too much of my time to prepare snacks following the CATCH nutrition program guidelines.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

15. The CATCH nutrition program is easily adapted to fit into our current before/after school program.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

Please respond to the following items related to the NUTRITION portion of the CATCH program.

CATCH Instructor Survey

16. I would recommend the CATCH nutrition program to other before/after school programs.

Strongly Disagree

Disagree

Neither Agree nor Disagree

Agree

Strongly Agree

17. How often do you prepare healthy snacks using the CATCH nutrition program guidelines?

Never

Once in a while

Sometimes

Most of the time

Always

18. In your opinion, what aspects of the CATCH nutrition program are working especially well in your setting?

19. In your opinion, how could the CATCH nutrition program be improved in your setting?

20. What is your role with respect to the CATCH program?

Site Coordinator

Assistant Teacher

Substitute Teacher

Other (please identify)